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You CAN Live Pain Free...

I will help you identify the causes and solution to your problem.

What is Chiropractic Health Care?

Chiropractic is a specialty health field that recognizes the fact that the central nervous system (Brain and Spinal Chord) control all functions in the body. It is based on the fact that if you can exist biomechanically out of alignment with areas of excessive muscular tension and other areas of muscular weakness, you will be that much healthier if you were in balance with less stress and greater muscular strength. It is a rule without exception.

Chiropractic can offer you this balance. The work that Dr. Nieh performs is focused on finding and correcting hidden muscle and structural imbalances in the body utilizing very effective and gentle techniques. Correcting these muscular and structural imbalances is imperative to reducing your discomfort because they are responsible for an overwhelming majority of the pain that people experience.

If you are suffering from neck pain, low back pain, shoulder pain, hip or knee pain, sports injuries, plantar fasciitis or carpal tunnel pain there is an excellent chance that I can help you. Just give my office a call to make an appointment and you can be on your way to leading a pain free life.

We Can Help You Live an Active and Pain Free Life...Without Drugs or Surgery

I help patients of all ages with low back pain, neck pain, headaches, auto accidents / whiplash, sports injuries, numbness & tingling of the extremities, fatigue, arthritis, chronic pain conditions, scoliosis, hip pain, shoulder pain, sciatica and more.

Who is at risk for poor posture, spinal problems and chronic pain?

- People who sit for long periods at their desk or computer
- Workers whose professions demand lots of lifting, bending, and standing
- Drivers who sit for long hours
- Parents who lift and carry their children
- Athletes, especially golfers and anyone participating in contact sports
- Children who carry heavy backpacks
- Those in recent or past car accidents, including “fender benders”